



Natural Organic Skin Care



Acne Blemish Skin Care Routine

Acne Blemish Skin Care Routine

- Naturopathic View towards Acne Blemish prone skin.
- Acne can be aggravating, stressful, and lower self esteem. Acne can be caused by poor diet, antibiotics, bacteria, fungus, and strong harsh chemicals in commercial or prescribed facial treatments. Strong harsh chemicals can alter normal pH and natural occurring oils, therefore making it imbalanced causing dry spots, oily spots, slick on the top and dry on the cheek area. Oil glands get confused and become imbalanced. Synthetic, chemical based skin care can be too harsh on the skin, drying out the oil glands and tell them to produce more, more, more.
- Taylor Made Herbs and Aromatherapy spent 2 years formulating our Highly recommended "Acne Blemish" facial care line to bring balance to the skin, by combining several products to stimulate, detox, prevent, and nurture the skin to bring back a healthy balance and have control. Customers say our "Acne Blemish" facial care line is better than "ProActive". They were using "ProActive and saw some results, but saw over all results with Taylor Made's "Acne Blemish Skin care line".
- The more you use natural organic skin care products, the more your skin will become normalized. Taylor Made's ingredients are all plant based, God's natural products for your skin, and your skin will know it is using natural skin care products made from CO2 extracts, pure essential oils, organic herbs, natural clays, minerals and vitamins. Your skin will utilize natural ingredients leaving your skin healthy and CLEAR!
- The transition is easy, Natural is the best way to normalize your skin. Become Acne Free by following these easy steps to reduce inflammation, decongest the lymphatic system, stimulate the blood flow, detox your skin naturally but using chemical free skin care!
- Our Acne Blemish Facial line was designed for Acne, Blemished, Cystic Acne, and harsh break-outs. Use for teens, adults, hormonal acne, and non responsive acne.
- Keep your face as clean as possible throughout the day. In the morning start by washing with "Acne Blemish facial cleanser with Sea Buckthorn and Zinc". Dry off with a clean towel. Keep fresh chemical free towels in the bathroom at all times to prevent bacteria from returning to your skin.
- Follow up with "Acne Blemish Facial Toner" with Sea Buckthorn and Zinc. Our organic herbal extracts and witch hazel distillate is non irritating, comforting, soothing, and healing to the skin. It's a nice refreshment, but it helps the skin by tightening pores, normalizing sebum (oil), and reducing bacteria. Try our NEW "Acne Blemish Facial Cleansing Pads". A nice complement to our Acne Blemish line. Wonderful for teens, on the go, and a nice pick me up while traveling.
- Once face is dry lightly apply our "Acne Blemish" facial moisturizer with Sea Buckthorn and Zinc. Calms inflamed skin and protects from environmental exposure.
- Use our Innovative Dry Mask "Acne Blemish Mask" 2-3 times a week! The neat think about our "Acne Blemish Mask" is that it can be used as a mask or exfoliant. Simple add to equal part of our "Acne Blemish Facial Cleanser" to make an exfoliant or add to equal parts of our "Acne Blemish facial toner" to make an innovative mask". Two in One! If your skin is dry, oily or complex use the Acne Blemish Exfoliant every day until skin normalizes. Natural Jojoba esters are non abrasive scrubbers to gently exfoliate the skin. Rinse with warm water and follow up with "Acne Blemish Facial Toner and Moisturizer". If you skin has cystic acne, inflamed tissue, large pore acne, or a bad break-out use the innovative "Acne Blemish Mask" technique 2-3 times a week or more if needed. Let dry for 20 minutes and rinse with warm water. Follow up with Acne Blemish facial cleanser, toner, and moisturizer.
- Follow steps 1-3 every morning and evening. Remember to wash hands frequently, use clean towels, and pillow sheets. Try not to pop any blemishes. If you receive a facial, let the aesthetician know NOT to do any "extractions". This will cause scarring and future break-outs. When the skin is open it allows bacteria to freely exit, but then entering other areas on your face, spreading acne.
- Eliminate pop (canned soft drinks), processed foods, fast foods, oily/grease, hydrogenated oils, white sugar and flour, dairy, artificial preservatives from the diet. These foods can clog pores and cause more break-outs.
- Drink plenty of water, take Pro-Biotics internally to stimulate and normalize normal bacteria in the stomach and colon. Try using "Burdock and Red Clover" herbs internal to cleanse and purify the blood and liver.
- What do we offer in the "Acne Blemish Facial Line"?
- [Acne Blemish Facial Mask with Red Raspberry](#), use 2-3 times per week for extreme facial acne and 1-2 times per week for mild to moderate acne.
- [Acne Facial Cleanser with Sea Buckthorn, Tea Tree, and Zinc](#) or [Acne facial Bar soap with zinc](#)
- [Acne Blemish Facial Toner](#)
- [Acne Blemish Facial Moisturizer with Sea Buckthorn, Zinc, and Tea Tree oil](#), wonderful moisturizer, it's light and healing for face and skin.
- [Acne Blemish Facial Cleansing Pads](#) nice pick me up during the day to refresh & restore acne prone skin.
- [Goldenseal and Myrrh Salve](#) apply to areas as needed for extreme conditions such as infection or pus conditions, heals skin, prevents scarring, and repairs skin cells.

Web: www.taylormadeorganics.com

phone: 1.540.810.3936